



Speaker's profile

MEL KETTLE



Book Mel today

hello@melkettle.com



A speaker to inspire, excite and help your audience identify how they can lead and communicate so they create real connection and sustained engagement.

ABOUT MEL

Mel Kettle is a food loving, book reading, beach goer who lives on the Sunshine Coast. Since she was a child, Mel has been fascinated by people, how they connect and their relationships with themselves and with others.

Mel sees how the world of work is changing, and the increase in anxiety, overwhelm, and exhaustion as we seek to inspire staff who are struggling with focus, productivity, and creativity. As a survivor of the debilitating effects of work-related loneliness, stress, and burnout in her late 20s, Mel knows that self-leadership is essential for creating real connection and sustained engagement.

Her work today focuses on helping leaders lead themselves, lead their teams and lead culture so that everyone can thrive, align and belong.

WHAT MEL TALKS ABOUT

Mel's broad experience and sharp insights have made her a sought-after presenter and panel guest on the topics of connection, communication, and leadership.

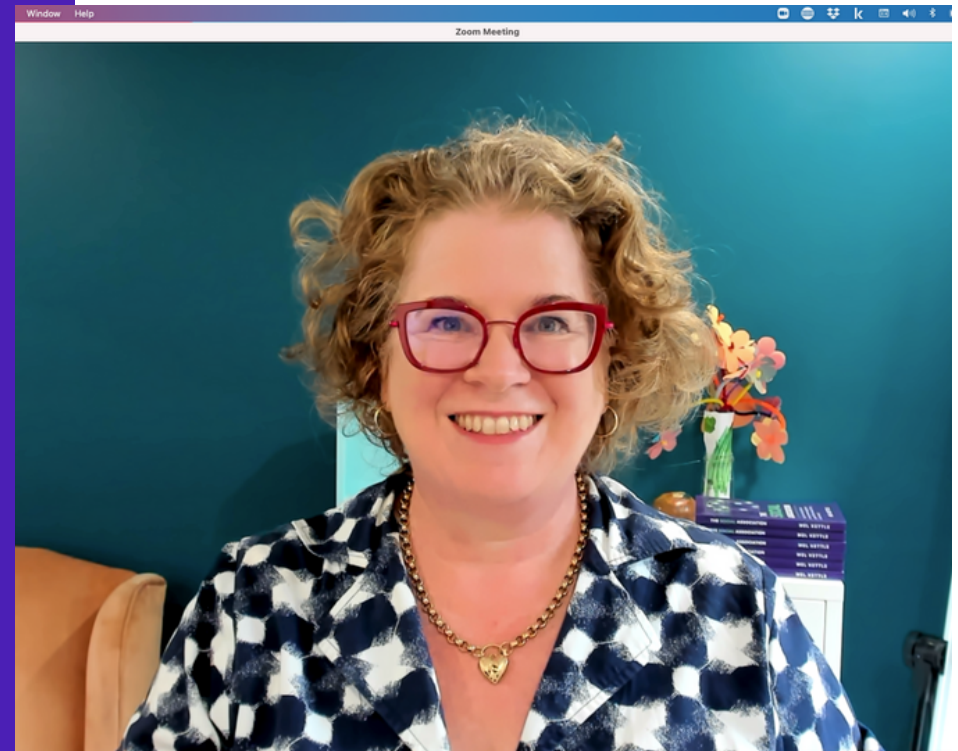
Her friendly and engaging personality shines through, regardless of whether she is delivering in person or online.

Mel's presentations are thoughtfully customised to suit the audience. They are packed full of relevant examples and practical advice that participants can start actioning immediately, and they are delivered with warmth, humour, and insight. Participants leave her sessions with the frameworks and practical tools needed to enable them to take the necessary action.

While Mel is an experienced keynote speaker, and panel guest, her sweet spot is delivering practical, outcomes-focused workshops (45 minutes to 3 hours) that lead to real and immediate change.

These topics are a sample of Mel's offerings. They can be delivered as a one-off or as part of a larger program, and in-person or online.

Please get in touch if you would like additional information or if there is something else you are interested in.



Mel's Speaking Topics:

- Fully Connected - it's time to stop surviving and start thriving
- Drawing the line - how to set healthy boundaries at work and home
- Unleash your inner confidence
- Communicate with conviction
- It's time to talk about menopause at work



TESTIMONIALS

TRUSTED BY

Mel's work teaching leaders to prioritise themselves, so that they can then prioritise their staff and co-workers, is exciting – her presentation was not only thought-provoking but has challenged me, and the others in the room, to make changes in their own lives so that they can be even better at their work.

Richard Stokes, CEO, Australian Boarding Schools Association

Mel is an engaging and entertaining speaker who delivers up-to-date and relevant content. Delegate feedback for Mel's session is always excellent, and for this reason, we invite her to present at our events year after year.

Emma Fernance, Events Manager, The Pharmacy Guild of Australia

A very engaging session – we don't usually see that level of interaction from the audience in virtual events.

Jess Freer, Diversity & Inclusion, Westpac

Mel is a wonderful facilitator, speaker and author. She is highly engaging with online audiences inspiring people to take action and improve their lives. Working with Mel is an absolute pleasure - she is responsive, creative and approachable.

Bridget French, Senior Alumni Engagement Manager, Griffith University





BEYOND THE STAGE

Mel likes to serve you and your clients both on and off the stage.

As a former Professional Conference Organiser, Mel knows what it's like to be in charge of an event. She works with you to help you make your event a success so you - and she - look good!

Before the event, Mel will work with you to get to know your business and the goals you're trying to achieve, so she can tailor her session to be of most value to your audience.

At in-person events, Mel loves getting out and interacting with the audience. She is happy to join participants for breaks and meal times, pre and post-presentations. She always provides her contact details for participants to get in touch after the event if they have follow-up questions, and she is happy to share additional relevant resources with your delegates to ensure that the presentation lasts much longer than the day.

Mel's goal is to provide both you and your delegates with an experience that is impactful and provides you with a massive return on investment.





AUDIO-VISUAL REQUIREMENTS

To ensure that Mel can deliver the best keynote or presentation possible there are some key things that she'll need:

- **Wireless lapel microphone where possible**
- **Mel likes to walk and engage with her audience so a wireless mic will help her to perform at her best**
- **Projector - Mel uses her own laptop**
- **If the session is a workshop then a flipchart or whiteboard and pens**
- **If on a panel discussion then a chair and a glass of water**
- **Water on a speaker table for all types of events**
- **Please let Mel know how the room will be set up - lecture, classroom or cabaret style - so she can prepare accordingly**



MEL'S BOOKS

If you would like to add an extra gift for your event delegates, you can add a signed copy of Mel's books:

- the best-selling Fully Connected - How great leaders prioritise themselves, reclaim their energy and find joy
- The Social Association: 5 key skills not-for-profits need to increase member engagement, generate ROI and create a thriving online community



MEL HAS BEEN FEATURED IN

sky news



The Saturday Paper  **SmartCompany**

The Sydney Morning Herald



LOGISTICS & BOOKING INFORMATION

Mel travels from the Sunshine Coast, Queensland

Check availability

Email hello@melkettle.com or call +61 404 600 889 to connect and check date availability.

Request a proposal

After a conversation with Mel, you will receive a proposal for your engagement covering speaker fees and travel expenses.

Approval

The date is confirmed, a deposit paid, and a written agreement is issued to secure your date.

Before the event

Mel can provide assistance promoting your event through her social media channels, if appropriate. She can also create a 'teaser video' that you can send to your event delegates. We will connect to discuss any finer details and event goals. Mel's team will manage all travel and logistics to save you time and hassle.

After the event

Mel will contact you for an event debrief and provide you with any applicable resources to provide to your delegates.

